Special Olympics Maryland Area Memo May 3, 2019



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Welcome

Welcome to the May 3, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to dweddle@somd.org to have them included in future distributions.

(NEW) Summer Games – Registration Update – Missing Forms Deadline Extended to May 13

Thank you to all Areas for getting their training registrations in. Summer Games is now open for you to register your athletes and Unified partners into their events, delete people who will not be attending Summer Games, etc.

As we at HQ have had a multi-day delay in getting out the more detailed registration memo and lists of who is registered, who is missing forms at HQ, etc. (those will be sent no later than Monday morning, 5/06/2109), we are extending the "missing forms" deadline to May 13, 2019.

<u>Please note:</u> This is not in any way, shape or form to be interpreted to mean athletes can be participating without a valid medical or volunteers/coaches/partners can be participating without up-to-date certifications and forms. This is simply a recognition that you have not been notified of which items <u>that you already have on hand</u> have not yet been received at HQ. (This adjusted date will also apply to prospective coaches who haven't met the sport certification requirements.)

<u>Note on Advancement Within GMS:</u> If you wish to have your athletes/partners/etc. events and scores advanced from a competition during the season into Summer Games, please note the following:

- <u>Do NOT</u> enter any events or scores for those individuals in Summer Games in GMS. If you do so, the advancement won't work (this is unfortunately a common error each year).
- Requests for advancement will only be accepted from the Area Director or one of the Area's GMS
 personnel.
- The request to advance events and scores needs to be in writing and include the one specific Games
 from which those scores will be coming (one games per delegation per sport). Trying to pull from
 multiple events and for various athletes is too time consuming and prone to error to make it a realistic
 option.
- The advancement may take a couple days to be accomplished while the actual process if fairly quick, it can only be done when literally no one else is working in the 2019 Summer Games in GMS and also needs to be worked into the other responsibilities of the handful of SOMD staff who can do this.
- Before requesting an advancement, be sure that the particular games was actually managed within GMS <u>AND</u> that the Area hosting the event has entered the results. (you'd be surprised at the number of requests for us to advance from games that were never in GMS.)
- Be certain to go into GMS after the advancement has been done to make sure everything went properly and adjust the fixes that inevitably will be needed (e.g., athletes who scratched or DQed in an event won't advance properly, etc.). There are ALWAYS fixes that need to be done.

(NEW) Summer Games - Opening Ceremony Update

Thank you to the Area Leaders who participated in our "pulse check" earlier this week and provided input into the potential change in the parade for the Opening Ceremony. The response was overwhelming in favor of trying a "representative parade" for the 2019 Summer Games (90.5% in favor) as a means to address the ongoing concerns with parade duration, parade staging duration, etc..

There is a great deal of planning and detail to be finalized, but we can share the following with you so you can start to prepare your athletes, families coaches and volunteers for this change:

- Each delegation will have a designated number of athletes (likely 6 to 8) and coaches/partners (likely 2 to 3) who will march in the parade in Opening Ceremony.
- In fairness to all Areas, no requests for any Area to have additional people marching in the parade will be considered. Don't even bother asking.
- All other members of the delegation will have a designated seating location within SECU Arena. This
 seating area will be only for credentialed members of the delegation. Family members and other
 spectators will have a different seating location (as has been the case in previous ceremonies)
- Delegation members who will be marching in the parade will need to be identified by name by your Area a week or more in advance of Summer Games.
- Individuals participating in the parade will be staged inside the building <u>in advance</u> of the start of Opening Ceremony (likely 30 minutes or so in advance). Anyone not present by the designated parade staging time will not be included in the parade (i.e., if you are late in arriving, you are not in the parade, as has been the case at Winter Games and Fall Sports Festival for several years).
- Individuals in the parade will have their own designated seating location they will not be seated with the remainder of their delegation as the parade progresses.
- Areas will be provided with "Opening Ceremony T-shirts" for their registered delegation members as has been the case in the past.

As noted, much more detail to come, but this can give you an initial sense of things.

(NEW) Summer Games - Swimming-Focused Family Webinar - May 14

Given the large number of changes being implemented at the swimming venue, we have scheduled a webinar focused on info specific to family members of swimming athletes for Tuesday evening, May 14 from 7:00 – 8:00 p.m. Notice will be sent to email addresses for athletes registered as training in swimming in GMS, but we are sharing it with you as well so you can let family members know.

The registration link for this webinar is below and has also been posted on both the Swimming Coaches Resource Page and the Summer Games Coach Page on the SOMD website.

https://attendee.gotowebinar.com/register/6239956484705880333

As with most of our webinars, this will be recorded and the link to the recording posted for anyone unable to attend to watch at a convenient time.

(NEW) Summer Games – Head of Delegation (HOD) Webinar #2 – May 30

The second webinar for Summer Games HODs is scheduled for Thursday, May 30 from 7:00 - 8:00 p.m. Every Area sending a delegation to Summer Games needs to have either their HOD or other representative attend this session and to then share the information with the rest of the delegation.

The registration link for this webinar is below and has been posted on the Summer Games Resource Page on the SOMD website:

https://attendee.gotowebinar.com/register/6379237120222848525

As with most of our webinars, this will be recorded and the link to the recording posted for anyone unable to attend to watch at a convenient time. That said, given the large number of changes associated with the 2019 Summer Games (swimming, bocce, housing, parade, dining, transportation, families, etc. ALL have significant changes) it is all the more important to have someone participating when questions can be asked.

(NEW) Free Nutrition Webinar

US Tennis Association is offering a FREE webinar on Nutrition for Sleep and Recovery. Though offered by a tennis organization, their webinars are very valuable for all sports (or health-minded people).

Date: Thursday, May 9, 2019 Time: 12:00pm-1:00pm EST Registration: https://events-

na4.adobeconnect.com/content/connect/c1/826379326/en/events/event/shared/default_template/event_l anding.html?connect-session=na4breez9o7so38synegx62h&sco-id=1648906720&_charset_=utf-8

About the Presenter: Trish Kellogg is currently a nutrition consultant to the US Tennis Association's National Campus and the University of Central Florida's Athletic Department, as well as an adjunct professor at the University of Central Florida's College of Medicine, and Registered Dietitian at the Orlando Center for Discovery Eating Disorder Treatment Centers.

(NEW) Maryland Youth Service Award

The Maryland Governor's Office on Service and Volunteerism is now accepting nominations for the inaugural Youth Service Awards. The awards will recognize Maryland youth and youth groups, ages 11 to 18 years old for their significant volunteer contributions to the state and its citizens, and for working to change Maryland for the better. This year, the awards will represent outstanding service occurring in 2018 and 2019.

Up to 10 youth and youth groups will be selected to receive an award at a special ceremony in late summer. If your program has an outstanding youth volunteer or volunteer group, please consider nominating them for this award! For more information, visit: https://gosv.maryland.gov/youth-service-awards/

(NEW) <u>Unified Fitness Club</u>

All Athletes and Unified Partners are invited to join Special Olympics Maryland's FIRST Unified Fitness Club. Our fitness club brings together people with and without disabilities and provides opportunities for regular

fitness activity to enhance sport performance, promote health and well-being and foster friendships. The flyer attached to this Area Memo can be distributed to athletes, volunteers, and family members.

Each week, our fitness club will start with light stretching, followed by a walk around the park. During the walk, the team will stop to learn extra exercises and break for water. Each week, miles will be tracked to earn individual and team prizes!

The first walk will take place on Monday, May 13 from 6-7:00pm at Honeygo Park in Perry Hall. Registration is required! Visit: https://forms.gle/AKzqtJWxSSbhuJyc7

(NEW) 2019 Penn Relays

Special Olympics Maryland had three athletes attend and compete in the 2019 Penn Relays—April 26, 2019. According to Natasha Moulton-levy, the lead for the event, it was a great day and great competition. Congratulations athletes!

The results are as follows:

•	Leah Withnell	3 rd Place	100M	15.93 Final Time
•	Julian English	2 nd Place	100M	12.49 Final Time
•	Jacob Bishop	7 th Place	100M	13.97 Final Time





SOI Strategic Plan Survey

SOI is embarking on their 2021-2025 Strategic Plan. As part of their process, they are looking for feedback from athletes, families, and volunteers. Please distribute the link below throughout your program! SOMD will also be doing some targeted distribution to sub-groups of Athletes, Volunteers, and Families, so you may receive a notification multiple times.

https://specialolympics.qualtrics.com/jfe/form/SV 2nRxOZWgJLR26oZ

Your feedback is valuable as our international organization plans for our future!

GMS Resource Page Launched on Coach Resource Section of SOMD Website

We're pleased to announce that we have launched a very basic page of GMS related resources, connected with the new Coach Resource section of the SOMD website. There are a few resources posted now and more "how to" items will be available within the next two weeks. Access the site via the coach resource page or directly using this link: https://www.somd.org/coach/coach-resources/gms resources/

Medical Volunteers...Join the Team!

Our Medical Team is looking for a few additional volunteers to join the medical team. Volunteers must have a valid medical credential (EMT, Nurse, Doctor) and be willing to provide volunteer medical support at both state and local competitions. If you know someone ready to volunteer, please have them email Pam Greenwood, SOMD Medical Coordinator (medicaldir@somd.org) OR direct them to the Medical Team VolunteerHub page at www.medicalteam.somd.volunteerhub.com.

<u>Local Program Resource Page Launched on SOMD's Website</u>

To provide greater access to the documents and forms used by our area programs, we have built the local program resource page, available at www.somd.org/localprogramresources. Organized by topic, you will be

able to find up-to-date copies of frequently used documents. As this will be ever changing, if there is a resource you don't see currently, but feel should be on here, please send an email to Jeff so he can include it!

Area Memo Open to Area Announcements

Do you have an upcoming event that you'd like to announce, a volunteer that deserves a special shout out, or maybe a recent 'win' for your program that you'd like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you'd like included in the Area Memo to Danielle Weddle (dweddle@somd.org).

(UPDATED) Pre-Season and Pre-Competition Webinars

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Pre-Season Coaches Webinars

Sport Date/Time		Registration / Recording Link			
Athletics	Tue 3/12	Recording: https://www.youtube.com/watch?v=163raymPbVg&t=8s			
Bocce	Tue 3/12	Recording: https://www.youtube.com/watch?v=wyUjF2AnrkQ			
Cheerleading	Wed 3/13	Recording: https://www.youtube.com/watch?v=s-jrvJHkBCk&t=1s			
Softball	Wed 3/13	Recording: https://www.youtube.com/watch?v=UMDe2u7m4M4			
Swimming	Tue 3/05	Recording: https://www.youtube.com/watch?v=5 NGflQwF c			

Pre-Competition Coaches Webinars

Sport	Date/Time	Registration / Recording Link			
Athletics	Tue 5/28	https://register.gotowebinar.com/register/8774146066784069378			
Atmetics	8:00 p.m.	Tittps://register.gotowebinar.com/register/8774146066784069378			
Dosso	Tue 5/28	https://register.gotowebinar.com/register/1236577143472654082			
Bocce	7:00 p.m.	Tittps://register.gotowebinar.com/register/12365/71434/2654082			
Chaorlanding	Wed 5/29	https://register.gotowebinar.com/register/5129801582254238978			
Cheerleading	7:00 p.m.	Tittps://register.gotowebinar.com/register/5129801582254238978			
Softball	Wed 5/29	https://register.gotowebinar.com/register/1178993520376040962			
SULDAII	7:00 p.m.	Tittps://register.gotowebinar.com/register/11/89935203/6040962			
Cuimming	Wed 5/22	https://attendee.gotowebinar.com/register/417381608237161740			
Swimming	7:00 p.m.	nttps://attendee.gotowebinar.com/register/41/38160823/161/40			

Community Sports Registration Deadlines Set Through End of 2019

Registration Deadlines for community sports through the end of 2018 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event/Sports	State Championship	Training Registration	Outstanding Forms	Competition Registration	
Summer Games (athletics, bocce, cheerleading, softball, swimming)	6/7-9/2019	4/25/2019	5/13/2019	5/16/2019	
Kayaking	8/24/2019	7/11/2019	7/18/2019	8/1/2019	
Golf	9/29/2019	8/15/2019	8/22/2019	9/5/2019	
Fall Sports Festival (cycling, distance running, flag football, powerlifting, tennis)	10/19/2019	8/29/2019	9/10/2019	10/3/2019	
Soccer	10/27/2019	8/29/2019	9/26/2019	10/3/2019	
Bowling – Regionals	11/10/2019	9/23/2019	10/3/2019	10/17/2019	

Bowling - Championships	12/08/2019			11/28/2019
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Sports Directors – Assigned Sports

As reviewed during the Area Leader webinar and in-person meeting in mid-July, SOMD HQ has undergone some staff restructuring in support of driving the developing strategic initiative of improved and increased sports programming and competitions as well as building the capacity for overall growth in the number of athletes we serve. One step in the process was the change in the role of the former "Regional Sports Directors" into positions focused strictly on sports programming. Here is their contact information and their sport assignments (some have changed)

- Melissa Anger, Sports Director
 - o manger@somd.org, 410.242.1515 x122
 - Basketball
 - Cheerleading
 - Flag Football
 - Soccer
 - Softball
 - Tennis
 - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling
- Zach Cintron, Sports Director
 - o zcintron@somd.org, 410.242.1515 x161
 - Bowling (10 pin)
 - Cycling
 - Kayaking
 - Snowshoeing
 - Swimming
 - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball
- TBD, Sports Director
 - o <u>sbennett@somd.org</u>, 410.242.1515 x102
 - Alpine Skiing
 - Athletics
 - Bocce
 - Distance Running
 - Golf
 - Powerlifting
 - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the new Local Program Development department for assistance

- Jeff Abel, Vice President of Local Program Development
 - o jabel@somd.org, 410-242-1515 ex. 121
 - All Areas with the exception of the Baltimore Region and Western Maryland
- Pat Cullinan, Northern Chesapeake Region Director
 - o pcullinan@somd.org, 410-242-1515
 - o Harford, Cecil, and Kent Counties
- Ron Freeman, Baltimore Region Director

- o rfreeman@somd.org, 410.598.1027
- o Baltimore City and Baltimore County
- Ryan Kelchner, AmeriCorps Western Region Coordinator
 - o <u>rkelchner@somd.org</u>, 410-242-1515
 - o Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

	2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 05/03/2019								
Туре	Event	Location	Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
IUS	Unified Track & Field Invitational	Hyattsville	Prince George's Sports & Learning Complex	5/14&15/19					
Community	2019 Summer Games	Towson, MD	Towson University and other locations	6/7-9/2019	Athletics: 3/12 Bocce: 3/12 Cheerleading: 3/13 Softball: 3/13 Swimming: 3/05	Athletics: 5/28 Bocce: 5/28 Cheerleading: 5/29 Softball: 5/29 Swimming: 5/22	4/25/2019	5/6/2019	5/16/2019
Community	Kayaking Time Trials (Required)	Chestertown, MD	Washington College	8/10/2019		TBD	=//	= /+ = /= = + =	01/10010
Community	Kayaking Championships	Chestertown, MD	Washington College	8/24/2019	TBD	TBD	7/11/2019	7/18/2019	8/1/2019
Community	2019 Softball NIT	Nashville, TN	TBD	8/15-18/19	NA	NA			
Community	2019 Golf NIT	Nashville, TN	TBD	9/22-25/19	NA	NA			
Community	Golf Championship	Queenstown, MD	Queenstown Harbor Golf Course	9/29/2019	TBD	TBD	8/15/2019	8/22/2019	9/5/2019
Community	Fall Sports Festival (Cycling, Distance Running, Flag Football, Powerlifting, Tennis)	Emmitsburg, MD	Mount St. Mary's University Fort Richie (Cycling) (Ft. Ritchie Tentative)	10/19/2019	TBD	TBD	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	TBD	TBD	8/29/2019	9/26/2019	10/3/2019
IUS	Unified Tennis Championships	Towson, MD	Towson University (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019	TBD	TBD	0/22/2010	10/3/2019	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/8/2019	IRD	TBD	9/23/2019		11/28/2019
Community	Winter Games - On-Snow Training #1	Mercersburg, PA	Whitetail Resort	1/11/2020					
Community	Winter Games - On-Snow Training #2	Mercersburg, PA	Whitetail Resort	2/8/2020					
Community	Winter Games - Time Trials and Winter Games	Mercersburg, PA	Whitetail Resort	2/23-25/2020					
If you have any of Director: - Melissa Anger (- Zach Cintron (zo - Kendall Zeswitz	Questions or additions? f you have any questions regarding this calendar, additions of local/regional competitions, or any other sports related issue, please contact the appropriate Sports Director: Melissa Anger (manger@somd.org): Basketball, Cheerleading, Flag Football, Soccer, Softball, Tennis Zach Cintron (zcintron@somd.org): Bowling, Cycling, Kayaking, Snowshoeing, Swimming Kendall Zeswitz (kzeswitz@somd.org): Alpine Skiing, Athletics, Bocce, Distance Running, Golf, Powerlifting Cara Maronek (cmaronek@somd.org): All Interscholastic Unified Sports (IUS)					ndership a minimum of one w is program without an up-to- teer application and complete	eek prior to these dates t date medical; no volunte ed background screening	to allow for timely submis er may participate in any .)	SOMD HQ. Coaches must have this sison. (No athlete may participate in way in a Special Olympics program oach Certification and to have

2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 05/03/2019 2019 Coach Education & Development Events Course/Sport Location Facility Comments To Register Date TBD https://www.surveymonkey.com/r/G8XD89F 6/2/2019 Kayaking Coaches Live Training Chestertown Washington College 6/18/2019 Soccer Coaches Training Webinar Webinar Webinar 7:00pm-9:00pm https://attendee.gotowebinar.com/register/2363903117712189709 7:00pm-9:00pm https://attendee.gotowebinar.com/register/8449113937754715917 Webinar Webinar 6/20/2019 Flag Football Coaches Training Webinar 7:00pm-9:00pm https://attendee.gotowebinar.com/register/4498680809341631245 Webinar Webinar 6/27/2019 Tennis Coaches Training Webinar 10:00am-12:30pm 6/29/2019 Golf In Person Coaches Training Phoenix Hillendale Country Club https://www.surveymonkey.com/r/5BDRBYH coming soon 6/29/2019 Ellicott City TBD TBD Soccer In-Person Coaches Training 7/13/2019 Montgomery County TBD TBD coming soon Soccer In-Person Coaches Training coming soon 10:00am-1:00pm 7/13/2019 Flag Football In-Person Coaches Training ΓBD Frederick Tennis In-Person Coaches Training 7/14/2019 College Park JTCC TBD coming soon Areas Interested in Hosting Coach Training Events - Please Contact the Appropriate Sport Director 2019 Area / Regional / District Competions & Events Competition Location Facility Notes Type Event Sport Date(s) **HO Long Distance Swimming Qualifier** Columbia Howard CC 5/3/2019 Open to other areas. Contact Bob Baker (bobbaker@somdhc.org) Community Swimming Contact Bob Baker (bobbaker@somdhc.org) Community **HO Track and Field Competition** Columbia Wilde Lake High School 5/4/2019 Athletics Athletics, Bocce 5/4/2019 Contact Casey Ryan (specialolympicscharlescounty@gmail.com) Community **CH Spring Games** ndian Head Adm. Lackey High School Swimming 5/4/2019 Contact Dottie Turner (dottie21532@gmail.com) Community **AL Spring Games** Frostburg FSU Swimming/ **BC Spring Games** Baltimore City Poly-Western High School 5/7-9/2019 Athletics Open to BC participants only Community **WA Athletics** Hagerstown Comm. College 5/8/2019 Athletics WA / AL only (rain date 5-18-19); contact Vicki Follett (vicki.follett@yahoo.com) Community Hagerstown **GA Bocce and Swim Competition** CARC & College 5/11/2019 Only open to GA and AL; contact Donna Holt (somdgarrettco@yahoo.com) Community Garrett Bocce, Aquatics HO In-house competition; contact Stellamarie Koseman (August187@comcast.net) 5/11/2019 community **HO Bocce In-House Competition** Howard Cedar Lane Park Bocce Closed Qualifier MO Swimming Qualifier 5/18/2019 Community Bethseda Stone Ridge School Swimming Community Required Cheer Qualifier Frederick Urbana High School 5/18/2019 Cheerleading All Teams Registered **MO Spring Games** Bethesda Landon School 5/19/2019 Athletics, Bocce contact Shelly Bogasky (sbogasky@somdmontgomery.org) Community Required Softball Qualifier 5/19/2019 Softball All Teams Registered Community Ellicott City Kiwanis Wallas Park 5/18/2019 Community BC Bocce Doubles Competition **Baltimore City** Myers Pavilion Bocce Contact Bob Signor (robert.signor@baltimorecity.gov) Edward T Hall Aquatic Center 5/19/2019 Contact Jane Lacosse (lacossej@calvertnet.k12.md.us) Community **CL Swimming Qualifier** Prince Frederick Swimming **BA Swimming Qualifier** Gilman Pool 5/19/2019 Closed Qualifier Community Baltimore County Swimming FR Bocce Competition 620 B Research Dr. 5/25/2019 Open to FR and WA only Community Frederick Bocce

3/22/2020

Duckpin Bowling

Southside Lanes

Hagerstown

Duckpin Bowling

Community

Locally Popular Sport- Contact Melissa Anger (manger@somd.org)

2019 Event Calendar



2019 MSP Polar Bear Plunge January 24th, 25th & 26th 2019 Sandy Point State Park www.plungemd.com

2019 Deep Creek Dunk February 23rd 2019 Deep Creek Lake www.dunkmd.com

2019 Winter Games February 24th – 26th 2019 Whitetail Resort www.somd.org

2019 Basketball Tournament March 30th – 31st 2019 Hood College and FCPS Sites www.somd.org

2019 Summer Games June 7th – 9th 2019 Towson University www.somd.org

2019 Kayaking Championships August 24th 2019 Washington College www.somd.org

State Golf Championships September 29th 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

11th Annual Tunnel Run Fall 2019 Fort McHenry Tunnel Baltimore, Md www.tunnelrun.org

11th Annual Big Bats Open September 2019 Queenstown, Md www.somd.org Fall Sports Festival
October 19th 2019
Mount St. Mary's University, Emmitsburg, Md
www.somd.org

State Soccer Tournament October 27th 2019 Crown Sports, Fruitland Md www.somd.org

Over The Edge November 2nd 2019 Bethesda, Md www.somd.org

Interscholastic Unified High School Team Tennis November 2019 Loyola University www.somd.org

6th Annual Maryland Rockfish Open October 2019 Mike's Crabhouse South-Riva www.somd.org

State Regional Bowling Tournaments November 10th 2019 Various Locations in Maryland www.somd.org

State Bowling Championships December 8th 2019 Bowl America, Gaithersburg, Md www.somd.org

St. Mary's Splash
December 2019
Point Lookout State Park, Scotland, Md
www.somd.org